

Holycroft Primary School

Health Education Policy (including drugs education and sex education (see separate policy))

Rationale

At Holycroft Primary School we feel it is important to provide a caring environment which supports physical and emotional development in which children feel secure, happy and confident. We believe it is important to foster children's self esteem, independence, cooperation and consideration for others. To achieve this we feel we need to involve governors, parents, outside agencies and the community in support of the school's pastoral role. We wish to promote positive attitudes towards health and well being.

Within health education we address issues related to preparing children for the emotional and physical processes of life as well as drug education. As part of the wider curriculum sex education is essential for children to develop responsible care for themselves and others. Sex education lays the foundations for making and sustaining loving caring relationships whilst encouraging the understanding of different attitudes and values.

It is a function of education to give children positive self images and self worth so that they have respect for themselves and for others. When people feel positive about themselves they are less likely to be exploited by others.

The school does not condone the use or supply of illegal drugs or the abuse of legal substances such as alcohol, solvents, tobacco and prescription medicines. The school defines "drugs" as a term which includes all substances not subscribed by a doctors.

AIMS

- 1 To provide knowledge and understanding to make informed choices about health related decisions including the appropriate use of medicines and other substances.
- 2 To raise awareness of the importance of keeping healthy and safe.
- 3 To develop skills to make health related decisions.
- 4 To develop feelings, self esteem, self worth and a positive self image.
- 5 To have an informed staff and agreed procedures for addressing drug related incidents including pastoral and parental support.
- 6 To provide knowledge about physical and emotional development.
- 7 To begin to appreciate the need for responsible attitudes, self respect and respect for others.
- 8 To begin to develop and increase the value of personal relationships, cooperation and care for others.
- 9 To encourage understanding of different attitudes and values in a non-judgmental way.
- 10 To keep parents and governors informed and involved in implementation of the school policy.

OBJECTIVES

1. To provide knowledge about physical development and how to keep safe and healthy including the affect of substances such as tobacco.
2. To provide activities which encourage pupils to reflect on their own behavior, attitudes, actions and outcomes of behavior including the effect on others.
3. To use a range of activities to practice skills such as communication, assertiveness, accessing information, problem solving, and decision making.
4. To offer role models of good practice through adult to adult and adult to pupil and pupil to pupil interactions and through the curriculum.
5. To offer verbal and written feedback and display which acknowledges achievement and success.
6. To identify and meet the professional needs of staff and involve staff (including ancillary staff) in policy dissemination.
7. To have communication systems for keeping parents informed on the handling of incidents and concerns, use of medicines in school, behavior management procedures and child protection procedures, use of home school liaison staff.

Holycroft Primary School

8. To offer advise to parents and provide information about support agencies.
9. To have agreed procedures for addressing issues related to substance misuse.
10. To include group work activities with shared outcomes to encourage cooperation including fund raising activities, involvement of the community and responsibilities for classroom and school management.

GUIDELINES - The management procedures and systems; roles and responsibilities for putting the policy into practice.

1. Scheme of work – see Key Skills Curriculum.
2. Dealing with sensitive issues. All adults and pupils must have an understanding that information shared between pupil and adult will have to be acted on if that information puts the pupil or another person at serious risk. Information about a pupil need only be shared with relevant staff. All adults working in the school need to agree to maintain appropriate confidentiality.
3. Sex education – see separate policy.
4. Drugs education – e.g. Drugs is a term which includes all substances which have a effect on the body either physically or emotionally because of a chemical reaction. Drugs may be legal and/or socially accepted e.g. alcohol or medicines or solvents, or illegal and restricted substances such as cannabis, L.S.D.
5. Management of suspected substance related incidents.
- 5.1 Procedures in the case of suspected possession or use e.g. discarded syringes or child or adult apparently under the influence of solvent.
- E.g. If a syringe is found to not touch it, but tell a teacher who will inform the caretaker immediately.

If any person is suspected on being under the influence of a substance the first aider should be alerted.

- 5.2 If a suspected illicit substance is found on school premises the guidelines from West Yorkshire Police should be followed.
6. Smoking and alcohol. The school has models of good practice to promote a healthy life style. This is a smoke free campus. There are clear expectations on the appropriate use of alcohol on school premises or during residential and school visits. It is not acceptable for any member of staff to be “under the influence” of alcohol at any time.